



FROM THE HEART
OF THE
NAMIBIAN DESERT



Some of the countless beauty secrets nature provides are “THE BIG FIVE” AFRICAN OILS

Marula oil

Kalahari Melon Seed oil

Mongongo oil

!Nara oil

Jojoba oil

African skin care oils contain a high level of antioxidants, Vitamin E, D, A, C, Minerals, and essential fatty acids to protect the skin from signs of premature aging through improved hydration and nutrition. Such a strengthened skin is able to keep its natural beauty, elasticity and firmness over a long period of time.

The Namib Desert Oils are suitable for all types of skin and can be used on face, body, and hair.



MARULA OIL

INCI: SCLEROCARYA BIRREA SEED OIL

MARULA OIL FOR THE NATURAL BEAUTY OF YOUR SKIN

Its high content of antioxidants, Vitamin C and E, essential fatty acids and important Minerals makes it the perfect oil for skin & hair for everyday use.

Marula oil can help to protect the skin from signs of premature aging and damaging through free radicals.

It is a lightweight oil, absorbs easily and is an effective moisturizer for aging and mature skin. It can be beneficial to soft and smooth fine lines and wrinkles, especially around the sensitive skin around eyes and lips.



DO YOU KNOW

MARULA OIL – BOTH ANCIENT AND MODERN, THE TRADITION LIVES ON - The Marula tree grows wild in Namibia. It is drought resistant and reaches a height of 20 metres. The indigenous people love to brew their own Marula beer out of the plum sized fruits. The oil is extracted out of the centre shell of the fruit and is rich in vitamin C and E, natural antioxidant and fatty acids. Light in texture, fast-absorbing and hydrating, this luxury oil is considered to be the elixir of youth.

Archaeological recordings confirm evidence of stone old Marula pits, carving tools and heaps of shells. The African women still make use of the healing powers of the oil, in their traditional ways today. The oil is slowly being massaged into the hair and scalp, onto the face, feet and hands. The ancient rituals are passed on to the next generation and thus kept alive.

KALAHARI MELON OIL

INCI : CITRULLUS LANATUS SEED OIL

KALAHARI MELON OIL THE POWER OF THE “TSAMMA”

This beautiful oil is perfect for oily and impure skin. It absorbs quickly, leaving the skin smooth and firm. Kalahari Melon Oil is rich in essential fatty acids and antioxidants.



DO YOU KNOW

THE KALAHARI MELON, ALSO KNOWN AS “TSAMMA” OR “WILD WATERMELON” - Is super adapted to the harsh and dry desert environment of Namibia. This creeper with bright yellow flowers bears a juicy fruit which despite its bitter taste, has always been a crucial source of water for desert dwellers.

The seeds are extremely rich in protein, as well as Vitamin A, B2, C, E and G, Minerals, riboflavin, and carbohydrates. They can be crushed into a coarse flour, roasted, salted, or eaten whole as a nutritious snack. Traditionally, Kalahari Melon Oil has been used as a body scrub and moisturizer. With its antioxidant abilities it can help to diminish skin blemishes.

MONGONGO OIL

INCI: SCHINZIOPHYTON RAUTANENII KERNEL OIL

MONGONGO OIL A BRIGHT STAR ON THE COSMETIC SKY

This lightweight oil is the perfect skin care for sensitive, irritated, even acne prone skin. It absorbs quickly, leaving your skin deeply hydrated. It helps in calming irritations and dry skin conditions.

Mongongo oil polymerizes when applied to the skin for added protection from damage through free radicals like UV light.

The oil also protects hair and scalp and softens frizzy hair naturally.



DO YOU KNOW

REACHING A HEIGHT OF UP TO 20 METRES THE MONGONGO IS A POPULAR SHADE TREE - amongst the Kavango people in the northern region of Namibia. The unripe fruits drop down into the thick soft sand below, where they are collected by women of the Kavango- and !Khung tribe. These juicy and tasteful fruits contain a nut inside. The nuts are being crushed to reach the oil, which is traditionally used for body scrubs and massages. The oil is also suitable for scalp and hair treatments. Passed down generations African women have carried their knowledge about the power of Mongongo oil for thousands of years to pass on the secrets to their daughters. The exceptionally high content of vitamin E, unsaturated fatty acids, calcium, magnesium, iron, Copper, riboflavin, and niacin is extremely nourishing and provides a deep cleanse and full skin protection.

!NARA MELON OIL

INCI: ACANTHOSICYOS HORRIDUS SEED OIL

!NARA OIL THE QUEEN OF AFRICAN OILS

This rare and luxurious oil provides everything your skin needs to keep it well moisturized, soft and smooth. Rich in essential fatty acids, Vitamins, and Minerals it is the perfect skin care oil for aging skin in your daily skin care routine.



DO YOU KNOW

!NARA OIL - DELICACY OF THE “TOPNAAR” PEOPLE - The !Nara plant is endemic to Namibia and grows in the dry desert region along the Atlantic coastline. Almost lime green in colour, this thorny creeper bears spiky fruits which are highly nutritious and eaten by many animals of the Namibian desert. The !Nara fruit and seeds also are a delicacy for the “Topnaar” people. They live in a small village, scattered along the lower Kuiseb river. These traditional stock farmers harvest the seeds of the !Nara fruit, allow them to dry and then pack them into bags to be transported to the nearest town. The cold pressed oil of the !Nara seeds has a high Omega 6 content, which helps to rejuvenate dry, sensitive, irritated skin. Traditionally, this oil is used for wound treatment and general skin protection. By supporting a social project the “Topnaar” people are able to earn a steady income.

JOJOBA OIL

INCI: SIMMONDSIA CHINENSIS SEED OIL

JOJOBA OIL A GIFT FOR THE ENTIRE FAMILY

Suitable for all skin types our highquality Jojoba oil from organic farming is the ideal day care for sensitive skin. High in Vitamin A, B, and E it intensively nourishes and supports the elasticity and firmness of your skin. Jojoba oil naturally keeps the lipid barrier of all skin types strong and gives the skin a beautiful golden glow.



DO YOU KNOW

JOJOBA OIL - THE LIQUID GOLD OF THE NAMIBIAN DESERT - Jojoba bushes reach a height of 3 metres and have a lifespan of up to 200 years! Ripe Jojoba nuts are collected from the ground, rinsed off and dried. The cold pressed oil is a 100% pure natural skincare oil. It is long-lasting and durable, which means that it can be stored for many years without losing any of its effective qualities. Namib Desert Jojoba Oil contains important minerals, Provitamin A and Vitamin B & E. The oil has rejuvenating abilities and protects the skin from dehydrating, premature aging, and damage through free radicals like sunlight. Jojoba oil supports the natural elasticity and firmness of your skin for a radiant and youthful complexion.



IN THE PRODUCTION OF ALL
NAMIB DESERT OILS
THE JOJOBA FOR NAMIBIA TRUST PROJECT
PLAYS AN ACTIVE ROLE.

The Project Jojoba for Namibia Trust aims at supporting women in rural, dry desert areas within Namibia to build up their own Jojoba plantation. With workshops and knowledge transfer, we assure that the new farmers gain all needed skills to make their story a success.





NAMIB DESERT OILS PRODUCTS ARE NOT INTENDED TO DIAGNOSE,
PREVENT, TREAT OR CURE ANY DISEASE.

BEAUTIFY YOUR SKIN THE NATURAL WAY.

Namib Desert Oils products are for external use only.

Store in a cool place and use within six months after opening.

Keep out of reach of children.

Stop using and consult a doctor immediately in case of any allergic reaction.

All products are vegan and cruelty free.



Imported from Germany and distributed by
THE BODY CONTOUR COMPANY LLC

- ELEWA NATURAL SKIN CARE -

3390 MARY STREET, SUITE 116

MIAMI FL 33133, USA

info@elewanatural.com | www.elewanatural.com